

Making my fertility preservation decision before starting cancer treatment



This section of the booklet aims to help you decide if you want to:

- Have fertility preservation treatment **before** starting cancer treatment, or
- Start cancer treatment without having fertility preservation treatment.

Some women know for certain whether or not they want to pursue fertility preservation. Other women find making this decision more difficult. There is no 'right' or 'wrong' decision. The decision depends on what is most important to you at this time. It depends on the plans you have for your life, after your cancer treatment.

Deciding to have, or not to have, fertility preservation before cancer treatment

To help you think about what is important to you now, look at the statements in the table below.

Give each one a value from 1 to 4, where

- ① is **not** important to you,
- ② is **slightly** important to you,
- ③ is **quite** important to you, and
- ④ is **very** important to you.

You can use the numbers more than once. Write down below the reasons for your answer.

You may find it helpful to complete this with your cancer care team and fertility care team, partner, family and friends.

What matters most to you?

① not important, ② slightly important, ③ quite important, ④ very important	
Starting cancer treatment straight away	① ② ③ ④
Wanting to have my own biological child after my cancer treatment has been completed	① ② ③ ④
Delaying the start of cancer treatment to have fertility preservation	① ② ③ ④
Taking steps to preserve my fertility before cancer treatment	① ② ③ ④
Waiting to see if my fertility comes back naturally after completing cancer treatment	① ② ③ ④

