Making my fertility preservation decision **before** starting cancer treatment



Deciding which fertility preservation option is best for me

In the previous sections, the fertility preservation decisions were described. These are:

- No fertility preservation
- Freezing
- Ovarian suppression

The **summary table** at the back of booklet compares the different fertility preservation options. It can be found on page 38.

Below is a list of the different fertility preservation options. Tick one response for each option.

Completing this task may help you think about which fertility preservation option best suits you and your lifestyle at this time. It might be helpful to talk about your choices with your cancer care team and fertility care team, partner, family and friends.

How likely are you to consider each of these fertility preservation treatment options?

	Definitely not	Maybe not	Unsure	Maybe	Definitely
No fertility preservation					
Egg freezing					
Embryo freezing					
Tissue freezing					
Ovarian suppression					

